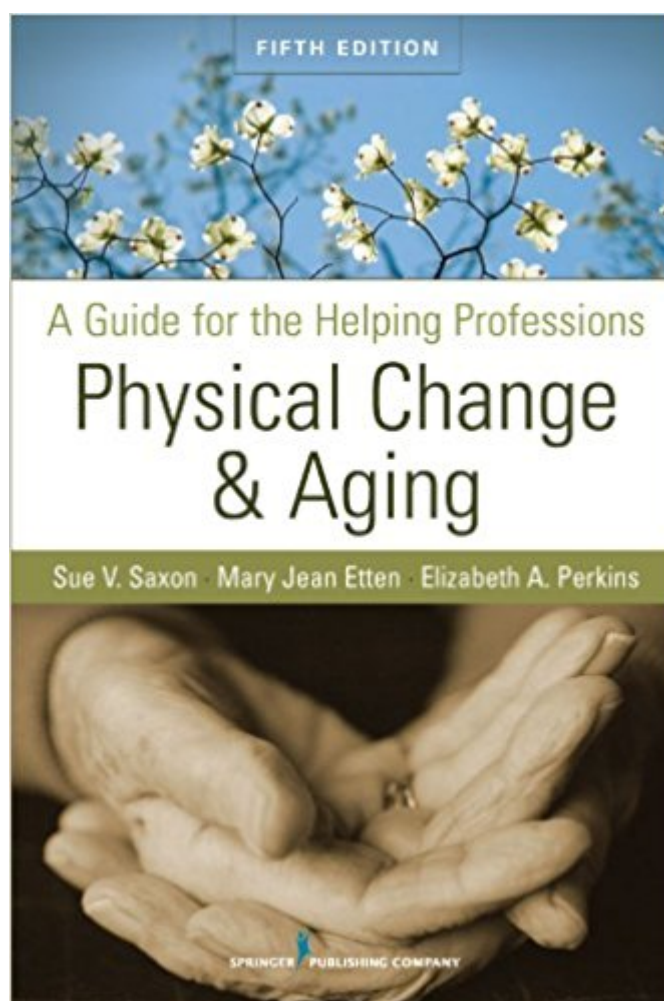


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Physical Change And Aging: A Guide For The Helping Professions, Fifth Edition



Synopsis

"[This book] has been honed into an elegant compendium. This outstanding work should be widely read - it is perhaps the best example of an integrative approach to gerontology". Score: 94, 4 stars -Doody's This book serves as an authoritative textbook and guide to the physical changes and common pathologies associated with the aging process, with special emphasis on the psychological and social implications of these changes in the lives of older adults. This fifth edition presents the newly available research findings that differentiate "normal" aging from actual pathology. The authors provide a thoroughly updated and expanded review of important topics in aging, including death and grieving, complementary and alternative therapies, nutrition, exercise, and much more. The book also demonstrates how the elderly population can gain greater personal control over aging through lifestyle modifications and preventive health strategies. Key topics introduced and discussed: Psychosocial theories of aging Changes and disorders in the skeletal, nervous, cardiovascular, and respiratory systems Dementia, delirium, and mild cognitive impairment Aging in persons with lifelong disabilities This volume serves as a comprehensive textbook for students studying to become health care professionals, and is also a fundamental resource for gerontologists, nurses, social workers, psychologists, rehabilitation specialists, clergy, and counselors.

Book Information

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Customer Reviews

Sue V. Saxon, PhD, is a Professor Emeritus, School of Aging Studies, University of South Florida. She received her PhD in Developmental Psychology and Counseling from Florida State University and had additional graduate work at the University of Wisconsin in Physiological Psychology. She was a Research Psychologist for the National Institutes of Health and the Laboratory of Perinatal Physiology, University of Puerto Rico Medical School before joining the faculty in Behavioral Sciences at the University of South Florida. As a charter faculty member in the Aging Studies program she developed and taught numerous courses in aging as well as presenting workshops, in-service training, and authoring a number of books and chapters in books on aging. She has been designated a Gerontological Pioneer for outstanding achievement and exemplary contributions to the field of Gerontology by the Southern Gerontological Society.

For the very basics of biological aging processes, this textbook will do just fine. This textbook is not intended for Allied Healthcare professions, unless it is used for an overview of the basic biological constructs of aging. In other words, this book is not comprehensive science textbook.

Good information

Great!

I don't like it

Bought for class. Very interesting if you are in the field, but this class has helped me decide not to get into a geriatrics field. While it is a well written book, my view is tainted by the class.

it is what I need for my class. Book looks to be in new condition

Apps like this should not exist.

Exactly what I asked for! Fast shipping.

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